



LIST OF PERSONAL BELONGINGS – INTERNATIONAL CAMPERS BASED ON A 2-WEEK STAY

To be read attentively by campers and parents

FOR THE ACTIVITIES :

- Set of underwear (12)
- One piece** bathing suit (1)
- Beach towel (1)
- Pairs of socks, 3 being wool socks (15)
- Shirt (10-12)
- T-shirt (6-8)
- Warm shirt/sweatshirt (4-5)
- Everyday pants (6-8)
- Waterproof jacket (1)
- Waterproof nylon pants (2)
- Indoor shoes (1)
- Running shoes (1)
- Hat/cap (1)
- Pair of sunglasses (1)

FOR PERSONAL HYGIENE:

- Toiletry kit
- Soap and shampoo
- Beach sandals (for showering)
- Bath towel and washcloth (2)
- Toothbrush and toothpaste
- Sunscreen
- Lip balm
- Laundry bag for dirty clothes (1)
- Personal medication

TO SLEEP:

- Pyjama (2-3)
- Pair of slippers (1)

TO RELAX:

- Musical instrument
- Portable board games
- Book/magazine

TO REMEMBER:

- Correspondence kit (envelope, paper, pen/pencil, stamps)
- Log book
- Camera

We remind you that only the personal items present on this list will be tolerated on site. Jewelry, weapons, cellular phones and all other electronic devices are not accepted and our Nature Center is not responsible for any lost or stolen items.

We ask that all personal belongings be identified before arriving at camp.