



## LIST OF PERSONAL BELONGINGS – INTERNATIONAL CAMPERS BASED ON A 2-WEEK STAY

To be read attentively by campers and parents

### FOR THE ACTIVITIES :

- Sets of underwear (12)
- Pairs of socks (12)
- T-shirts (8)
- Warm shirts/sweatshirts (3) – Polar or wool sweaters
- Shorts (6)
- Everyday pants (6)
- Running shoes (1)
- Other shoes (sandals for example) (1)
- One piece** bathing suit (1)
- Beach towel (1)
- Rain jacket (1)
- Cap/hat (1)
- Pair of sunglasses (1)
- Reusable water bottle (1)

### FOR PERSONAL HYGIENE:

- Toiletry kit
- Soap and shampoo
- Beach sandals (for showering)
- Bath towel and washcloth
- Toothbrush and toothpaste
- Sunscreen
- Insect repellent (liquid or cream only)
- Laundry bag for dirty clothes
- Personal medication

### TO SLEEP:

- Pyjamas (2-3)
  - Pair of slippers (1)
- \*\* The bedding is provided by Edphy.

### TO RELAX:

- Musical instrument
- Portable board games
- Book/magazine

### TO REMEMBER:

- Correspondence kit (envelope, paper, pen/pencil, stamps)
- Log book
- Camera

**We remind you that only the personal items present on this list will be tolerated on site. Jewelry, weapons, cellular phones and all other electronic devices are not accepted and our camp is not responsible for any lost or stolen items.**

**We ask that all personal belongings be identified before arriving at camp.**