

REGINA ASSUMPTA

List of activities

- Indoor activity
- Outdoor activity

Activities	4-6 y/o	7-8 y/o	9-10 y/o	11-15 y/o
Archery	✓	✓	✓	✓
Badminton		✓	✓	✓
Ball hockey			✓	✓
Basketball	✓	✓	✓	✓
Circus	✓	✓	✓	✓
Cooperative games	✓	✓	✓	✓
Dance	✓	✓		
Flag football			✓	✓
Ice breaker games	✓	✓	✓	✓
Kickball	✓	✓		
Kinball	✓	✓		
Laser tag				✓
Mini hockey	✓	✓		
Motor skills course	✓			
Pickleball and/or tennis			✓	✓
Poull ball		✓	✓	
Rock climbing			✓	✓
Sensory awakening	✓			
Soccer	✓	✓	✓	✓
Softball			✓	✓
Spikeball				✓
Swimming	✓	✓	✓	✓
Table tennis				✓
Touch football	✓	✓		
Ultimate frisbee	✓	✓	✓	✓
Volleyball	✓	✓	✓	✓
Water activities	✓	✓	✓	