

VAL-MORIN

List of activities

- Indoor activity
- Outdoor activity

Activities	4-6 y/o	7-8 y/o	9-10 y/o	11-12 y/o
Archery	✓	✓	✓	
Archery tag				✓
Badminton			✓	✓
Ball hockey		✓	✓	✓
Basketball	✓	✓	✓	✓
Beach volleyball	✓	✓	✓	✓
Circus	✓	✓	✓	✓
Cooperative games	✓	✓	✓	✓
Dance	✓	✓	✓	✓
Ecology	✓	✓	✓	✓
Gaga ball	✓	✓		
Ice breaker games	✓	✓	✓	✓
Kayak	✓	✓	✓	✓
Kickball			✓	✓
Kinball	✓	✓		
Mini hockey	✓			
Mini tennis	✓	✓		
Motor skills course	✓			
Obstacle course		✓	✓	✓
Pickleball and/or tennis			✓	✓
Sensory awakening	✓			
Soccer	✓	✓	✓	✓
Spikeball and/or Paddle smash				✓
Swimming	✓	✓	✓	✓
Track and field			✓	✓
Ultimate frisbee	✓	✓	✓	✓
Water games	✓	✓	✓	